

All Doctors are invited to this special **Women in Medicine** discussion:



Making Life Work

How can you balance a **satisfying career** in medicine with a **fulfilling personal life**?



In 2011, Dr Karen Sibert sparked international controversy when she gave this advice to medical students:

"You can't have it all...If you want to work and be a mother, then find a job in journalism or professional cooking or law. But if you want to be a doctor, be a doctor... it deserves to be a life's work."

To what extent is this true of modern medical practice?

Making a life, beyond your work, is imperative for preserving your health and wellbeing – but it can be a challenge!

Join us for a discussion with a cross-section of Monash Health's medical leaders, as they share some of their learnings and strategies for sustaining their health, relationships and wellbeing.

Hosted by:

Annie Moulden

Panellists:

- Erwin Loh
- Helena Teede
- Andrew Block

- Jacqui Boyle
- Jane Fox
- Claire Dendle

Wednesday, 14 October 2015
12-1.30pm
Monash Children's Seminar Room
Level 4, MMC Clayton

Please register on **Monash Learning Site**:

>> Find Courses >> Professional Development >> Women in Medicine>> Making Life Work

Inspiring, encouraging and **supporting** you to reach your full potential



