# JMS Education and Training Committee

2018 Highlights

# **Education and Training Committee Membership**

After receving over 30 applications from Junior Medical Staff to join the Education and Training Committee for 2018 we increased both the committee size and Monash Health's representation at the JMO Forum at PMCV, which is a fantastic achievement.

The JMS Education and Training Committee was made up of the following Junior Doctors:

Committee and PMCV JMO Forum:

Jennifer Nguyen, Genevieve Heath-Kalkutgar, Anthony Honigman, and Alfredo De Faria

#### Committee:

Katrina Fernandes, Yonatan Savicky, Sanya Vallath, Angela Hehir, Ashray Rajagopalan, Will Birkett, John Lee, Tania Sulaksana, Manda Raz, Tomasz Block, Sukarnan Thevaligam, and Sandy Chu.

## **Doctor Support Framework**

Remediation was a large focus for Monash Doctors Education (MDE) in 2018, and working alongside committee members, interns were surveyed for their thoughts and attitudes towards remediation. We were also very interested in perceived barriers to accessing additional learning supports.

45 of the 106 Interns provided their feedback regarding remediation.

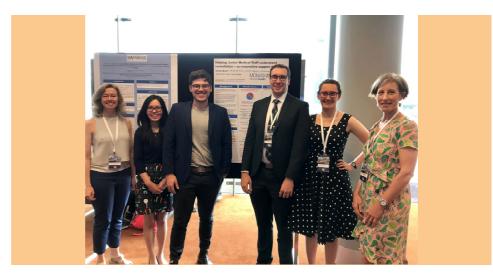
The results of this survey were presented at the ANZPMEF in November.

#### **ANZPMEF Conference 2018**

MDE and Junior Medical Staff (JMS) Education and Training Committee members attended the ANZPMEF Conference in Melbourne in November, which is the premium national prevocational medical conference for Australia and New Zealand.

Abstracts from the committee included "Digitising JMO Welfare: Placing wellbeing at their fingertips", "Perspectives of Junior Doctors on Remediation #whoisgoingtofindout", "Intern Wellbeing Proactive Strategies", "Prevocational Research – CV Buffering of Good Quality Clinical Academic Pursuit: Is there room for both?"

Tomasz Block, Alfredo De Faria, Jennifer Nguyen and Genevieve Heath-Kalgutkar also presented a poster on "Helping Junior Medical



JMS Committee members with their poster "Helping Junior Medical Staff understand remediation."
L-R Dr Christina Johnson Director Monash Doctors Education, Dr Jennifer Nguyen, Dr Alfredo De Faria, Dr Tomasz Block, Dr Genevieve Heath-Kalgutkar, Janita Keating Education Manager

**MonashHealth** 

Staff understand remediation, an innovative support document."

You can view the poster here.

#### **Intern Checkin Initiative**

Building on the success of the Intern Checkin Initiative in 2017, the Intern Checkin Initiative was again run in May of 2018.

The Intern Checkin Initiative has the purpose of "checking in" on how the Interns were transitioning from medical student to doctor and the responsibilities and life changes that come with that. It's recognised that shift work, long hours and a fluid work environment, in addition to balancing family / social relationships can have an impact on a person's mental and physical wellness.

Chatters catch up with all interns for 15 minutes and commit to following up with them and assist them wherever possible to establish and maintain positive wellness

The JMS Committee members are instrumental in review the initiative to ensure we are meeting the needs of the interns, as well as promoting the Initiative amoungst the Interns.

### Orientation and Junior Doctor Curriculum Review

Members of the committee undertook a review of aspects from both Intern and HMO orientation programs to ensure that the programs that MDE offer are meeting the needs of JMOs at Monash Health.

The review included providing feedback on presentations offered at Intern orientation. This feedback has assisted presenters modify their sessions for Intern Orientation 2019.



The JMS Education and Training Committee also run the Peer-to-Peer session for the new Interns, this session is provided to give the 2019 Interns a chance to ask questions of the outgoing interns and learning any tricks of the trade.

A Learning Needs Analysis of the HMO 2+ Orientation program was also undertaken. Suggested improvements included a spaced out orientation by including a weekly email with further information and links to resources sent out over the first few weeks of employment.

Additional improvements include seperating the PGY2s from the generic Monash Doctors
Orientation in February and
August, making the orientation program more interactive, and concentrating on the information the new doctors need to be able to do from day 1; and providing additional targetted supports for International Medical Graduates.



# Health care education 2.0 – Transforming your teaching for the digital age

Committee members were given the opportunity to attend a 3 day course run by Monash Institute of Health and Clinical Education – two committees were sponsored to attend this course

The course was designed for anyone interested in applying visual and social media, learning management systems, screen casting, gamification, and a range of other technologies to enhance your teaching in the university or clinical setting.

# **Looking forward to 2019**

Applications to join the committee are now open, and will close midnight on February 24<sup>th</sup> 2019.

If you are keen to be a member of the 2019 JMS Education and Training Committee, please visit the Monash Doctors website for more information.

Projects planned for 2019 include:

- Developing a Careers page on the Monash Doctors Website
- Further improvements to the Intern and PGY2 Orientation programs
- Attendance at PMCV's Teaching on the Run course

